

LACDC WINTER INTENSIVE FAQ SHEET

What is LACDC's Winter Intensive?

LACDC's Winter Intensive immerses you in the LACDC company experience where you delve into the movement vocabularies of the same three teachers over the course of four days. With an emphasis on focused learning alongside a group of advanced pre-professional and professional dancers, you have the opportunity to be a part of a working choreographer's process and learn new techniques that challenge, strengthen and advance your abilities as a well-rounded contemporary performer. The program also focuses on LACDC's value of community and the group dynamic in the creative process. We encourage a collective experience and artistic achievement as a group throughout the four-day intensive.

What is the daily schedule?

Monday – Thursday:

Technique / 10:00 - 11:20am

Lunch / 11:30am - 12:00pm

Phrase Work / 12:15 - 1:30pm

Choreography & Development / 1:45 - 3:45pm

Review with Company Members / 4:00 - 5:00pm

What is the class level? Is there an audition?

There is no audition requirement. The intensive is taught at a pre-professional / professional level (Ages 18+) and is recommended for advanced dancers with a minimum of 3-5 years of training in Modern, Ballet, and/or Jazz. It is not recommended for dancers who are new to contemporary dance or are looking for an introduction to modern or contemporary technique. The classes are fast-paced and rigorous, with a focus on pushing advanced dancers to the next level in the technical skill and performance abilities. *Students 15-17 years old will be considered [via a video submission application](#).*

Do you offer scholarships for the winter intensive?

LACDC is offering 2 full scholarships: one to a dancer, age 15-17 and one to a dancer, age 18+. Dancers will be chosen via an application process. The general application requirements include submitting a Letter of Interest (including a description of your financial need) & a Dance Video Submission. [Click Here to Apply](#).

Where should I stay if I am traveling from out of town?

Click on the downloadable [“Housing Guide”](#) on the website for some recommendations of where to stay and how to get to the space by public transportation each day. Unfortunately, LACDC is not able to offer housing or transportation for the Winter Intensive, and it is the responsibility of the student. But, we have had students travel here from all over the world, and often find that students stay with other students, sublet apartments together, and figure out carpooling options for the duration of the intensive. We will try to facilitate making these connections with other students interested in housing and transportation options as best we can.

What is the likelihood of me getting off the waiting list and how late will students be notified?

The chances of students getting off the waiting list depend on the number of registered students who cancel their participation in the program. We take people from the waiting list up until the first few days of the Intensive. We have also been able to pull students from the waiting list every year, so it is beneficial to sign up for the waiting list if you still have a strong interest in training with LACDC.

Here are a few quotes from students who have taken our intensive virtually:

"This was everything you could hope for in an intensive and more. My body hurts but it's that kind of hurt you miss when you haven't been dancing for a while. It's been a blessing to be surrounded by such great energy, even if it couldn't be in person. I felt challenged both physically and intellectually and it was a very special experience."

-Nicole Flores

"This intensive brought so much joy to my heart because I felt like I was in a studio again. Seeing new and familiar faces, struggling through physical pathways, and vibing with like-minded individuals transcends the bounds of distance and isolation. We were still dancing and it was thanks to the efforts of you, assistants, instructors, and all those who made this possible. I cannot wait for the next intensive, be it virtual or live."

-Edward Salas

"I felt really connected to everyone who was attending. It challenged and pushed me as I knew it would, and it was a wonderful experience. I cannot wait to attend future intensives and get to dance with LACDC more. I also really appreciate the feedback sessions. I think they really give me an insight as to where I am at in my dancing."

-Sierra Henry

What is the geographical diversity of the students?

We have had students from around the world come and train with us. Past countries include Argentina, Australia, Austria, China, Canada, Costa Rica, England, France, Germany, India, Luxembourg, Mexico, New Zealand, Philippines, Portugal, Scotland, Singapore, Spain, South Korea, Thailand, & Turkey.

Past colleges include:

- AMDA
- Arizona State University
- Bard College
- Boston Conservatory
- Brigham Young University
- Cal Arts
- Cal State Fullerton
- Cal State Long Beach
- Chapman University
- Columbia College Chicago
- Cornish College of the Arts
- El Camino College
- Elon University
- Indiana University
- James Madison University
- Johnson C. Smith University
- London Contemporary Dance School
- Long Beach State
- Loyola Marymount University
- Malone University
- Marygrove College
- New York University
- New Zealand School of Dance
- North Carolina School of the Arts
- Northern Kentucky University
- Oakland University
- Ohio University
- The Ohio State University
- Oklahoma State University
- Palm Beach Atlantic University
- Point Park University
- San Diego State University
- Santa Monica College
- Slippery Rock University
- Stanford University
- Southeast Missouri State University
- Stephen F. Austin University
- SUNY Purchase
- Temple University
- Texas A&M University
- Texas Christian University
- Texas Women's University
- Towson University
- Tulane University
- UC Berkeley
- UC Irvine
- UCLA
- UC Riverside
- UC Santa Barbara
- University of Alaska Anchorage
- University of Akron
- University of Arizona
- University of Auckland
- University of the Arts
- University of Central Oklahoma
- University of Idaho
- University of Illinois
- University of Illinois at Urbana-Champaign
- University of Michigan-Ann Arbor
- University of North Texas
- University of Oklahoma
- University of Oregon
- University of the Philippines
- University of Rochester
- University of South Carolina
- University of South Florida
- University of Southern California
- University of Tennessee
- University of Utah
- University of Washington

- University of Wisconsin-Madison
- University of Wisconsin-Milwaukee
- University of Wyoming
- The Urdang Academy London
- Virginia Commonwealth University
- Wayne State University
- West Texas A&M University
- Winthrop University
- Wright State University
- Yildiz Technical University

Questions?! Please contact Jamila Glass, Winter Intensive Director, at jamila@lacontemporarydance.org if you have any further questions.