



LACDC WINTER INTENSIVE FAQ SHEET

What is LACDC's Winter Intensive?

LACDC's Winter Intensive immerses you in the LACDC company experience where you will have the opportunity to train and explore in an open and supportive environment, where your uniqueness is celebrated. You will delve into the movement vocabularies of the same three teachers over the course of four days and those taking the full intensive will perform in a free showcase for the LA community on the last day. While working alongside other advanced pre-professional and professional dancers, you will have the opportunity to expand upon your current training and try new techniques that challenge, strengthen and advance your abilities as a well-rounded contemporary performer. The program also focuses on LACDC's value of community and the group dynamic in the creative process. We encourage a collective experience and artistic achievement as a group throughout the four day intensive.

What is the daily schedule?

Monday – Thursday:

Technique // 10-11:30am

Lunch // 11:30am-12:00pm

Phrase Work // 12:15-1:30pm

Choreography/Development Workshop // 1:45 - 3:45pm

Review with Assistants / Feedback Sessions with LACDC's Artistic Director and Intensives Director // 4:00 - 5:00pm

What is the class level? Is there an audition?

There is no audition requirement. The intensive is taught at a pre-professional / professional level (Ages 18+) and is recommended for advanced dancers with a minimum of 3-5 years of training in Modern, Ballet, and/or Jazz. It is not recommended for dancers who are new to contemporary dance or are looking for an introduction to modern or contemporary technique. The classes are fast-paced and rigorous, with a focus on pushing advanced dancers to the next level in the technical skill and performance abilities.

Students 15-17 years old will be considered via a video submission application.



Who is teaching?

The LACDC Winter Intensive faculty will be announced as teachers are added to the roster. Please check our Winter Intensive Page and follow us on social media for updates. Past intensive teachers have included Roya Carreras, Genevieve Carson, Christian Denice, Tess Hewlett, Madison Hicks, Kate Hutter-Mason, Genna Moroni, Jessie Lee Thorne, WHYTEBERG, and Stephanie Zaletel.

Do you offer scholarships?

Yes. LACDC provides need-based and talent-based scholarships to advanced level dancers ages 15-17 and 18+. Dancers will be selected for half or full-tuition scholarships. In addition, LACDC also has a Winter Movement Fellowship (WMF) for dancers (ages 18+) that gives opportunity for professional dancers to engage in a collaborative choreographic process, interact and train alongside LACDC company members, and gain a broader perspective of LACDC's company culture.

Winter Intensive Scholars and Movement Fellows are selected through an application process. For more information on our scholarships and winter movement fellowship, please visit our website.

Where should I stay if I am traveling from out of town?

Click on the downloadable "**Travel Guide**" pdf on the website for some recommendations of where to stay and how to get to the space by public transportation each day. Unfortunately, LACDC is not able to offer housing or transportation for the Winter Intensive, and it is the responsibility of the student. But, we have had students travel here from all over the world, and often find that students stay with other students, sublet apartments together, and figure out carpooling options for the duration of the intensive. We will try to facilitate making these connections with other students interested in housing and transportation options as best we can.

What is the likelihood of me getting off the waiting list and how late will students be notified?

The chances of students getting off the waiting list depend on the number of registered students who cancel their participation in the program. We take people from the waiting list up until the



first few days of the Intensive. We have also been able to pull students from the waiting list every year, so it is beneficial to sign up for the waiting list if you still have a strong interest in training with LACDC.

What is your COVID-19 policy?

In regards to COVID-19, we will be following all pertinent LA County guidelines and protocol for the entirety of the lab. Additionally, in order to comply with L.A. County's COVID-19 vaccination requirements and new ordinance going into effect on November 4, 2021, all winter intensive attendees are required to be fully vaccinated* to attend our 2022 Winter Intensive at Stomping Ground L.A.

If you have not been fully vaccinated but plan to be before the start of the intensive, your proof of vaccination will be required by Monday, December 20th.

Fully Vaccinated: People are considered fully vaccinated for COVID-19 at ≥ 2 weeks after they have received the second dose in a 2-dose series (Pfizer-BioNTech or Moderna), or ≥ 2 weeks after they have received a single-dose vaccine (Johnson and Johnson [J&J]/Janssen).*

If you have a religious or medical exemption, please email nicole@lacontemporarydance.org.

What is the geographical diversity of the students?

We have had students from around the world come and train with us. Past countries include Argentina, Australia, Austria, China, Canada, England, France, Germany, Luxembourg, Mexico, New Zealand, Philippines, Portugal, Scotland, Singapore, Spain, South Korea, Thailand, & Turkey.

Past colleges include:

- AMDA
 - Arizona State University
 - Bard College
 - Boston Conservatory
 - Brigham Young University
 - Cal Arts
 - Cal State Fullerton
 - Cal State Long Beach
 - Chapman University
 - Columbia College Chicago
 - Cornish College of the Arts
 - Elon University
 - Indiana University
 - James Madison University
 - Johnson C. Smith University
 - London Contemporary Dance School
 - Long Beach State
 - Loyola Marymount University
 - Malone University
 - Marygrove College
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- New York University
- New Zealand School of Dance
- North Carolina School of the Arts
- Northern Kentucky University
- Oakland University
- Ohio University
- The Ohio State University
- Oklahoma State University
- Palm Beach Atlantic University
- Point Park University
- San Diego State University
- Santa Monica College
- Slippery Rock University
- Southeast Missouri State University
- Stephen F. Austin University
- SUNY Purchase
- Temple University
- Texas A&M University
- Texas Women's University
- Towson University
- Tulane University
- UC Berkeley
- UC Irvine
- UCLA
- UC Riverside
- UC Santa Barbara
- University of Alaska Anchorage
- University of Akron
- University of Arizona
- University of Auckland
- University of the Arts
- University of Central Oklahoma
- University of Idaho
- University of Illinois
- University of Illinois at Urbana-Champaign
- University of Michigan-Ann Arbor
- University of North Texas
- University of Oklahoma
- University of Oregon
- University of the Philippines
- University of Rochester
- University of South Carolina
- University of South Florida
- University of Southern California
- University of Tennessee
- University of Utah
- University of Washington
- University of Wisconsin-Milwaukee
- University of Wyoming
- The Urdang Academy London
- Virginia Commonwealth University
- Wayne State University
- West Texas A&M University
- Winthrop University
- Wright State University
- Yildiz Technical University

What are dancers saying about our intensive?

Thank you to LACDC for giving us such an open space these past few weeks. It's been so wonderful being able to explore and go deeper in my passion in such a safe space. I'm just so grateful that dance gives us a community of people who just get it. I literally can't see my life any other way. — Nicole Flores





've had such an amazing two weeks at LACDC's intensive!! I've learned so much about myself and what I need to work on all while meeting the sweetest humans. We learned so many styles at this intensive, but of course hip hop was my favorite. :) — Chelsea Raymond

I cannot put into words how thankful I am to have been a part of such a refreshing and fulfilling experience. I've met so many wonderful souls I hope to dance with again. — Ally Pawlowski

Absolutely loved this intensive last year! I was travelling from Australia and this experience was priceless! My movement vocabulary and skill evolved from start to finish and all the choreographers were incredibly inspiring. I still utilise the exercises and improv practices to this day ❤️ highly recommend xx

Questions?! Please contact our Winter Intensive Director, Nicole Hagen, at nicole@lacontemporarydance.org if you have any further questions.

